

Overcoming Offense/Woundedness – Bridging Broken Relationships



**Overcoming
Offense/Woundedness –
Bridging Broken Relationships**

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Scripture references are taken from the New American Standard (NAS), Amplified (AMP), and the King James Version (KJV) of the Bible. Definitions are adapted from www.Dictionary.com and Wikipedia, the free encyclopedia.

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Introduction

This seminar and workbook was birthed out of a “healed” wounded spirit and a revelation through Holy Spirit of the authority God’s people have over the enemy to overcome offense and wounding.

This workbook will provide an in-depth insight to:

- Develop a level of discernment to recognize the spirit of offense
- Understand the difference between offense and wounded-ness
- Understand Scripturally the interrelationship between wounds, bruises and traumas
- Understand how childhood wounding makes an imprint on your DNA
- A working knowledge of DNA and how it shapes personality
- Bridge the gap between broken relationships

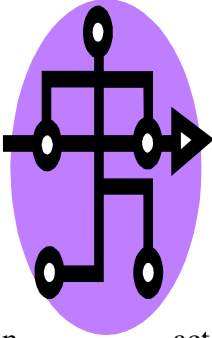
Unattended offense and wounding not only opens the door for the devil to wreak havoc on your life, but it creates bitterness which permeates the soul. A contaminated soul keeps you out of a “right” fellowship with the Father. One of the things you will realize while studying this workbook is that both offense and wounding has the propensity to pollute and contaminate the mind/body. Once this happens, other emotional baggage somehow seems to attach itself to an already overwrought mind.

Everyone at one time or another in their lifetime has experienced “falling out” with a friend or relative. Some of these broken relationships last forever and some only for a short period of time.

Have you ever just wanted to “make up” but were too stubborn, too prideful, too afraid of being rejected, too sure that it was their fault to give in? On the other hand we must admit that not all broken relationships are bad; sometimes we are forced to remove “toxic” people from our lives because they can contaminate us as much as the offense itself.

Take a look at the meaning of offense and see how it really affects our lives.

Offense



An _____ act of attacking especially in the form of an attempt to injure, destroy or defame.

An emotional response to a slight or indignity

New Testament Greek: skandalizo

To “scandalize”: to *entrap*, *trip up*, *stumble* or *entice* to sin, apostasy or displeasure

A “scandal”: a *trap stick*, *snare*; *cause* of displeasure or sin

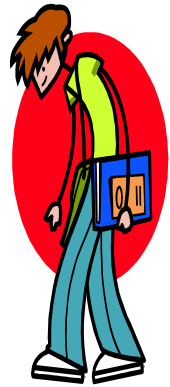
Occasion to fall (of stumbling), stumbling-block

Who have you caused displeasure or caused to stumble or sin?

Who has caused you displeasure or to stumble or sin?

If you walk through life in offense not only are you not free but you offend others.

Every time something is said you perceive it as an attack.



Perception

The act or faculty of apprehending by means of the senses or of the mind; cognition; understanding.

Immediate or intuitive recognition or appreciation, as of moral, psychological or aesthetic qualities; insight; intuition; discernment:

Becoming aware of something via the senses

Syns: Awareness, sense, recognition

If your perception is skewed or altered because of past hurts or traumatic experiences you may not readily apprehend and/or understand the real meaning of certain situations.

Ask yourself the following questions:

- How keen is my perception?
- How do I *sense* most situations?
- Am I usually aware of how I react to or perceive (understand/comprehend) situations?
- Do I often have thoughts like, “I wonder what they really meant?” or
- I wonder how they really feel about me?

Ephesians 4:23-24 states:

“And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness.”

Renewing refers to the redemptive activity of God corresponding to the creation of man, which, by putting an end to man's existing corrupt state, establishes a new beginning.

We have entered into the Hebraic Year (5768) Samekh Chet (September, 2007) which is “The Full Circle of Life –

A new beginning.” So start from this moment in a renewed mindset, moving forward in the purposes of God.

I have spent the better portion of my life walking in offense with a contaminated perception of what people thought about me. Although I have had many friends, I wasted much too much time questioning how they felt about me. After spending time with them I would go home only to analyze the conversation. Did I say the right thing? I wonder what they thought of what I said? Maybe I should not have said it. I hope they don't tell anybody what I said. What a miserable way to live.

Matthew Henry's Commentary on renewing the mind states:

“Must not we then urge the distinction between real and nominal Christians? They were void of all saving knowledge; they sat in darkness, and loved it rather than light. They had a dislike and hatred to a life of holiness, which is not only the way of life God requires and approves, and by which we live to him, but which has some likeness to God himself in his purity, righteousness, truth and goodness. The truth of Christ appears in its beauty and power, when it appears as in Jesus. The corrupt nature is called a man; like the human body, it is of diverse parts, supporting and strengthening one another... But it is not enough to shake off corrupt principles; we must have gracious ones. By the new man, is meant the new nature, the new creature, directed by a new principle, even regenerating grace, enabling a man to lead a new life of righteousness and

holiness. This is created, or brought forth by God's almighty power.¹

When your mind is renewed, people will no longer walk on eggshells around you.

They will no longer feel a need to be careful of what they say for fear of hurting your feelings.

You will no longer feel people are talking about you behind your back.

This was such a "biggie" for me. Everywhere I went I felt they had to be talking about me. If they looked at me strange (or what I perceived as strange) something had to be wrong with me, with what I was wearing or the way my hair looked. Even if they were not talking about me if I thought on it too long I could create something in my mind.

It was only a few years ago that I realized, "Of course they had to be talking about me, I'm a child of the Most High King." When I walk into a room I'm representing my Father and the light of Holy Spirit resonates so bright that people cannot miss His presence. What a revelation, and a complete different perspective of how God sees me.

You see it really does not matter how people perceive you or how you think they perceive you, but only how your Father perceives you. When I got that revelation I gained an understanding of the tricks the enemy uses to deceive

¹Henry, Matthew; Scott, Thomas: *Matthew Henry's Concise Commentary*. Oak Harbor, WA : Logos Research Systems, 1997, S. Eph 4:17

us, causing us to see ourselves other than how God created us.

Why would a Holy Father create an un-wholly being to spend eternity in torment?

Check around you and see if there are egg shells wherever you are. Ask someone you trust whether they feel they have to be careful of what they say in your presence.

As a self-examination record your thoughts below and be honest with yourself. Remember this is a time of reflection and renewal and your only concern is to be delivered and set free from offense, wounding and victimization. There is no right or wrong response; this is only to help you determine whether you are easily offended and, if so, what you need to do about it.

Your responses or thoughts may indicate that your perception of people and situations may need to be adjusted. You may need to go back and readjust what you perceived as a “renewal of the mind.” You may have lost your sense of what is real and what is false. Or if you experienced wounding or trauma in your childhood, you may not have ever had a sense of real-ness or truth. Your sense of truth may have been established in hurt, wounding, pain, disappointment and rejection. Your mind/brain may be holding onto something that has held you in captivity. If that is so your mind needs to be released NOW!

Use the space below to jot down your inner thoughts!

If you are having difficulty determining whether you have issues with offense take a look at some of its underlying effects. Offense causes unforgiveness, bitterness, anger, rejection, loneliness, fear, shame, guilt, hardheartedness, mis-communication and a perverted perception.

Here are some examples of offending situations:

- Someone ignored you, walked right past and didn't speak.
- Someone on a committee or board would not take your suggestion.
- They chose someone else to be on their softball team.
- They did not honor their promise to you.

- They lied on you or spread rumors about you.
- They would not allow you to preach at their church because they said *you are just not quite ready*.
- They invited the other ladies to a luncheon and left you out.

This list is definitely not all inclusive. Insert your own experiences below:

A spirit of offense can be passed down through generational blood lines.

Think about your childhood. Can you remember conversations where your mom or dad consistently talked about their feelings being hurt? Were they always angry, planning revenge because of something someone said or did to them? Did they talk about never fitting in, or being left out?

Even though this may not have been a topic that was openly discussed, as you think about your own habits and

the way you have perceived people or things said you should be able to see a family pattern. The pattern I saw in my family was anger. I could never pinpoint the source but in many family conversations I picked up a spirit of anger.

Offenses often arise out of a spirit of victimization. A victim is described as a person who has been subjected to oppression, loss or suffering. Synonyms are: underdog, bottom dog, prey. Sometimes we allow these words to become part of our DNA and we actually become the underdog.

As a young lady I remember wondering why I attracted people who always seemed to hurt me. On several occasions I made comments like, "I must have a big 'S' on my forehead for Stupid because they always seek me out." Spirits attract spirits, so if you walk in offense, people will offend you. If you carry yourself as a victim, you will continue to be victimized. What is interesting is that I carried this same victim mentality into my relationship with the Father, even after my baptism into Holy Spirit.

Victimized people display the following characteristics:

- consistently apologizing for everything whether right or wrong
- fall all over self to please people
- cannot hold head up; eyes downcast
- always appear angry

- blaming others & self-blame
- never trust anyone
- justifying everything
- mask true feelings
- cannot believe they are truly loved so they always require people to prove their love for them

Gal. 4: 9 says, “But now, after that ye have known God, or rather are known of God, how turn ye again to the weak and beggarly elements, whereunto ye desire again to be in bondage?”

You cannot accept your inheritance of your true birthright and continue to walk as a victimized, oppressed, depressed downtrodden underdog. Stop the pattern, Make a decision that the spirit of offense and victimization stops here and will no longer run through your bloodline. Make the following declaration:

I repent, renounce and nullify every offended spirit that has operated in and through me and my family. I dismantle the stronghold that’s held me and my family captive. I call every lie, falsehood and distraction out of hiding, and I speak to each of your assignments and say, no more will you deceive me, no more will you cause me harm, no more will you cause me rejection and torment. I release bitterness, anger, unforgiveness, self-rejection, self-hatred, unworthiness; I say leave now, take every unclean familiar

spirit with you and go. I close every door that's given you legal entry and you will never be allowed to enter again!

Now let's compare the word wound(ing) and see how it is interchanged with offense.

WOUND – Hebrew: Nega

To touch, defeat, assault; punish, destroy, bring down, plague, sore, stricken, infliction

Wounded – Hebrew: Chalal - *khawlal*

To profane, defile, pollute, desecrate pierce or bore through

This word is derived from the Hebrew word *Chalah* meaning:

- to be or become weak
- to be or become sick
- to be or become diseased
- to be or become grieved

The Greek word for wound is: *Typto/Typtos*

Typto: To strike, smite with the hand or stick. To strike against, meaning to offend, wound the conscience.

Typtos: A mark, print, impression. The impression left by striking. A type is the outline, archetype, or model of some reality which is yet to appear.

A model of some reality yet to appear

A generational wound can be programmed into a person's personality at birth through DNA, making a mark, print or impression.

If a person sustained a wound during childhood, that imprint or model appears in adult life.

Examples of how a wounded spirit enters in:

- Broken relationships
– A friendship ended without an explanation; your friend just disappeared



- Disintegrated marriage – your husband or wife walked out on you for someone else
- Family crisis, accident, injury or death
- Rape/Molestation/Incest
- Failure in business or ministry
- Polluted words spoken over you or about you

God is ready to deliver you and cause you to be whole but you must first acknowledge the need. You must first recognize that you have been afflicted, offended or wounded.

Psalm 109:21-22 states:

“But You, O God, the Lord, deal kindly with me for Your name’s sake; Because Your loving kindness is good, deliver me; for I am afflicted and needy, and my *heart* is wounded within me.”

The Hebrew word for heart is *Leb*:

- The inner man, mind, will, heart, understanding
- inner part, midst (of things)
- heart (of man)

- soul, heart (of man)
- mind, knowledge, thinking, reflection, memory
- inclination, resolution, determination (of will)
- conscience
- heart (of moral character)
- seat of appetites
- seat of emotions and passions
- seat of courage

Looking at the previous Scripture and the Hebrew definition for heart, list the various ways either by acts committed against you or words spoken over you that your heart, mind, soul, memory, will, conscious or subconscious may have become polluted, defiled, contaminated, diseased, grieved or weakened:

Psalm 109: 31, says:

“For he stands at the right hand of the needy one, to **save his life** from those who condemn him.”

Luke 4:18 is a very familiar passage of Scripture giving a vivid picture of how Christ has set us free.

“The Spirit of the Lord [is] upon Me, because He has anointed Me [the Anointed One, the Messiah] to preach the good news (the Gospel) to the poor; He has sent Me to announce release to the captives and recovery of sight to the blind, **to send forth as delivered those who are oppressed [who are downtrodden, bruised, crushed and broken down by calamity]**.

The last sentence of that Scripture signifies deliverance from wounding and oppression.

The Greek word for bruised and oppressed is *thrauo* meaning to break in pieces, shatter or to smite through. It is also transliterated as the same root word for bruised – *traumata*, meaning trauma. Verb: *Traumatizo* – to inflict

Syn.: plege – a wound; trauma, *plēgē* by transliteration in Eng. "trauma"; *gággraina*; an ulcer, canker, gangrene

Luke 10:34 “And went to him, and bound up his wounds, pouring in oil and wine, and set him on his own beast, and brought him to an inn, and took care of him.”

Another meaning for wound is plague, sore, infliction

PLAGUE:

Epidemic disease causing a high mortality rate.

Syns:curse, pestilence, scourge

Sudden widespread occurrence of something felt to resemble an epidemic disease

To disturb one or destroy one’s peace of mind by repeated or persistent tormenting attacks



In the NT the word wound is associated with death, found only in Rev. 9:11 where it is used as the proper name of the prince of the infernal regions and explained by the word *Apollúōn*, meaning destroyer. In Hebrew the proper name is Abaddon. The Hebr. 'Abaddōn designates the abode of unbelievers following death and is synonymous with *sheol* (*hell*). This word is a Greek name for the demon of the abyss.

As you continue to allow yourself to operate in a wounded place you submit yourself, your mind, your will and your emotions under the power and authority of the “demon of the abyss.” Because it is so easy to fall back into that comfortable position of offense or wounding, some people simply find it too difficult to do the necessary things to get out from under the power of the devil.

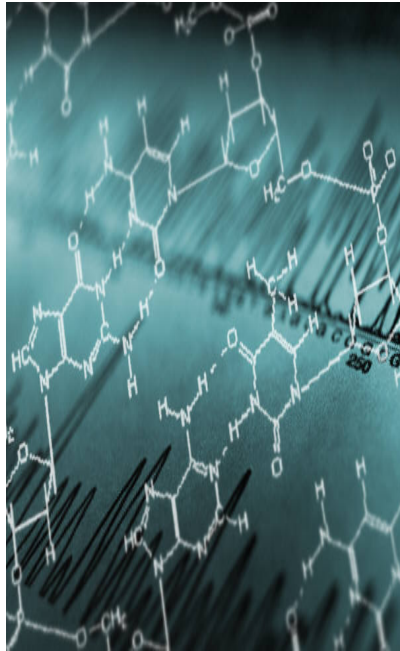
Can you recognize areas in your life, your family’s life or your church family that is plagued by unhealed wounds? List those areas in the space provided.

A spirit of woundedness can pass through generational bloodlines via DNA.

A familiar spirit of offense and/or woundedness enters a person manifesting as an assault, punishment, defeat, plague, sore, stricken, infliction, anger, rebellion, resentment, destruction.

DNA

- A nucleic acid that carries the genetic information in the cell and is capable of self-replication (genetic code).
- It is the biochemical basis of heredity – the passing of characteristics from parent to child



Chuck Pierce explains **DNA** as:

A molecule which releases a code made up of a double helix that looks like a twisted rope ladder or spiral staircase. There are base pairs making up the stairs.



Chuck further states concerning the **Blood Line:**

“These send messages how to code the cell and accomplish what the cell is there for. These give us hereditary instructions.

DNA has the ability to pass iniquitous patterns through blood lines.

Our thought patterns are linked with the iniquitous patterns in the blood line.”

Transference of DNA or iniquitous patterns

Familiar spirits take up residence within our thought patterns or emotions, or “soul” through the DNA as in spirits of deep hurt, rejection, abuse, alcoholism, addictions, sadness, grief, low self-esteem, abortion and pornography.”



DNA acts in three important ways:

- First, when a cell divides, the DNA uncoils, and each strand creates a new partner from the surrounding material — a process called replication.
- The two cells that result from the cell division have the same DNA as the original.
- Second, in sexual reproduction, each parent contributes one of the two strands in the DNA of the offspring.
- Third, inside the cell, the DNA governs the production of proteins and other molecules essential to cell function.

Based on definition and Scripture:

Iniquitous patterns/sins pass through blood lines via DNA (i.e., sins of the fathers to the third and fourth generations)

Examples:

2 Kings 15:9 He did evil in the eyes of the Lord, as his fathers had done.

Jeremiah 32:18 You show love to thousands but bring the punishment for the fathers' sins into the laps of their children after them.

Example of sins/iniquities falling into the laps of our children: adultery, fornication, offense, anger, resentment, wounds, abuse, rejection, addiction, low self-esteem, abortion, pornography, etc. These iniquities reside within

our thought patterns, mind, brain, heart, cellular system, consciousness, sub-consciousness, soul, etc. through the DNA.

Daniel 9:16

...Our sins and the iniquities of our fathers have made Jerusalem and your people an object of scorn to all those around us.

Looking at the above definition of DNA and its relationship to heredity, can you see what generational behaviors reside within the cellular system of your body/mind?

List some of the behaviors you recognize in yourself, your children and other family members. After listing the recognized behaviors, repent, renounce and disavow every strategy the enemy has used on assignment against you and your family and close that door forever. Dictionary.com gives the following definition for disavow: **to disclaim knowledge of, connection with or responsibility for; to disown or repudiate. So you are disclaiming and disconnecting yourself and coming out of agreement with the enemy to destroy your peace, joy and happiness.**

Discuss the necessary steps you need to take to cut off the behaviors you listed (i.e., anger, rebellion, resentment, offense...)

Satan comes to kill, steal and destroy

To wound is to destroy; to bring to ruin

Synonyms: annihilate, atomize, decapitate, decimate, demolish, destruct, dismantle, dissolve, dynamite, pull down, pulverize, shatter, smash, tear down

According to Genesis 1:28 man has been given dominion (reign) “*over every living thing.*” This means that Holy Spirit who resides on the inside of us has the power to change whatever the devil has altered in our DNA whether it was a legal or illegal entry.

The Aramaic noun for the word dominion is *mal^{ku}* meaning royalty, reign, kingdom, kingly authority. This word, corresponding to the word *mal^{kû}t*, distinguishes the propriety of royalty from all else. This dominion is the territorial or administrative dominion of a monarch.

Daniel 6: 3 states: “Then this Daniel was distinguished above the presidents and the satraps because an excellent spirit was in him, and the king thought to set him over the whole realm.”

This is an indication that Daniel took his position and mandate upon the Earth seriously. He did not quibble with ancestral sins/iniquities, wounds or trauma. He simply chose to walk in his God-given authority and refused to give attention to the adversary. We are living in a season where we must learn to function in our God-given authority and not allow the enemy to take precedence, over that authority. If we allow the wounding and offenses of our past to plague and haunt us, we will not take possession of the earth.

The Word Study Dictionary describes the term dominion/royalty as that which pertains to royalty or the natural outflow of power from the royal station. The book of Esther especially illustrates how this word is used to distinguish the royal from the ordinary, speaking of royal wine, Esther 1:7, a royal command, Esther 1:19, and royal clothing Esther 5:1. Is this an indication that the patriarchs and matriarchs of old had a better understanding of their reign upon the earth?

God is speaking to His people saying, “It is time to put on the royalty that has been handed down to you. Do not continue allowing your enemy to gain momentum over you, do not continue allowing your enemy to control your mind, but begin to walk in My favor, walk in My ways, walk in My divine order.”

Assess those strongholds where the enemy has dismantled purpose in your life. Rewrite the vision, dreams, goals and plans that you have allowed to let slip out of your reach. Repent for failing to honor the covenant you entered into with your Father to dominate the Earth.

Renounce every area where you have given the enemy authority over your future and your success. Now speak to your DNA commanding the DNA to govern the production of proteins and other molecules essential to proper cell function. Command the function of the brain to line up with the divine order of God. Command the prefrontal cortex and the right hemisphere of your brain to function according to the design and purposes of God. Speak to the area of concentration, elaboration of thoughts, personality and emotional traits to be reprogrammed and reframed. Speak to the left hemisphere, the brain stem and the temporal lobe which controls speech,

hearing and memory. Command with the authority and the dominion you have *over every living thing* for memory to be restored, hearing to be fine tuned to understand and perceive the Word of God.

He who has ears to hear, let him hear.

Matt. 13:43 “Then shall the righteous shine forth as the sun in the kingdom of their Father.”



Remember all things that offend – entrap, snare, trip, cause to stumble will be cast into the furnace of fire.

Who has offended you? Who have you offended?

Now commit to daily take captive every thought to make it obedient to Christ, and speak Isaiah 54:17 over your life: “But no weapon that is formed against me shall prosper, and every tongue that shall rise against me in judgment I shall show to be in the wrong. This [peace, righteousness, security, triumph over opposition] is the heritage of the servants of the Lord [those in whom the ideal Servant of the Lord is reproduced]; this is the righteousness or the vindication which I obtain from my Father [this is that which is imparted to me as my justification], says the Lord.

NOW, speak to the principalities and overrule and overthrow:

- Ill spoken words
- Ill wishes
- Enchantments
- Divinations
- Spells
- Hexes
- Curses
- Witchcraft prayers

- Every idle word spoken contrary to God's original plans and purposes

I do not operate in offense and reverse the curse associated with any offense.

I declare that every lying tongue is wrong and that truth prevails.

I prohibit the accuser of the brethren from operating or influencing the soul or mind of anyone who comes into contact with me.

I come against falsehoods, slander, speculation, accusation, misrepresentation and character assassination.

I cut off every soul tie that I have been attached to as a result of iniquities passed through the DNA and declare that I am free.

I resist and renounce familiar and familial spirits that have been set in place as entry points to my soul.

I renounce every psychological, biological, physiological and emotional attachment known or unknown that has caused me to be in bondage to the enemy.

I covenant with Holy Spirit today to never again be aligned with any spirit other than the Spirit of the Living God.

I declare that the fruits of the spirit, love, joy, peace and happiness are manifest in and through me and I speak forth life.

I declare that those around me are caused to be whole and set free as a result of being in my presence.

I decree that love flows through me permeating the entire atmosphere.

